



# Northeast Kings Education Centre

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Principal- Kevin Veinot

2021

## MISSION STATEMENT

Northeast Kings Education Centre believes in developing a learning environment that nurtures academic, physical, social and emotional growth.



Dear Parent(s) / Guardian(s),



Welcome to another new year! We hope that this one will end much better than how we have started with regards to the pandemic that we have been experiencing for more than a year now! The

great news is that vaccines are being administered and our Province has done a remarkable job with minimizing the transmission of the virus. Hopefully we will continue on this path and this will be a distant memory by the end of this year.

We hope that the start of 2021 found you healthy and happy and this continues throughout the year! We have high school exams starting on January 25<sup>th</sup> and we have been sending proactive messages to our students that they can be successful in all of their courses if they put a full commitment to their academics. We want our students to focus on the end goal from the start and not dwell on the obstacles that they have in front of them. Hopefully, they can work on this goal and succeed in all that they take on for the remainder of the school year. Please support your child at home in getting them to start preparing for their exams now. 30 minutes of review a night now makes a big difference when it comes to exam time.

**Exams:** Senior High exams will be written from Monday, January 25<sup>th</sup> through Thursday, January 28<sup>th</sup>. The exam schedule is out and posted on the school website. Please encourage your child to get organized and prepare for their exams. Friday, January 29<sup>th</sup> will be a marking day for high school staff and so there **will be no classes for all high school students**. The 29<sup>th</sup> will also be a professional development (PD) day for all Middle School staff so there will be **no school for our middle school students as well**. However, if there is a snow day during the exam period and school is cancelled then all exams scheduled will move to the following day and the HS marking day will move to the following week. No matter how many snow days we have during the exam period the middle School PD day will be on Friday, January 29<sup>th</sup>. If there is a snow day on January 29<sup>th</sup> then the high school marking day will move to the following Monday **but the middle school PD day will be cancelled**.

**Anxiety:** With end of course assessments and exams approaching for our high school students, your child will be experiencing increased stress and anxiety. This is very typical and normal and it is a good thing for them to experience as they develop coping strategies. Preparation is one of the best strategies to combat exam anxiety. Let your child know that their anxiety is normal and everyone experiences it regularly. Everyone



needs to experience this stress because combating stress is a skill that everyone needs to be able to handle as they grow up. As parents, we do not want to try to eliminate all stressful situations from our children because that does not help them in developing skills to handle the stress that they will later experience when they are on their own. Continue to reassure them that this feeling is normal and will pass with continued effort in preparing for their assessment.

Our high school student government team is doing a Health Themed week next week to support and educate all our high school students regarding their mental and physical well-being.

**New Website:** We would like to thank Mr. Jordan for building us our new and improved school website that we launched earlier this week. It looks and reads much better with the focus still being on our

students. We are still doing some more construction on the site, but you will find that it is easier to navigate and there is more information to access.

On behalf of the students and staff at Northeast Kings Education Centre we wish a very happy, healthy and prosperous 2021. Please take some time to read the newsletter and remain informed about what's happening at your daughter's or son's school. Also, keep an eye on the school website: <http://www.nkec.ca>

Kevin Veinot  
Principal

## MIDDLE SCHOOL NEWS



Happy New Year, Students, Parents & Guardians! As we begin 2021, after an extended Christmas break, we remind students to renew their academic focus. During the last four months, students have made great progress academically and we wish to continue the same level of focus and work ethic moving forward. We are very pleased with how all middle school students have adapted to the new 'normals' of being educated while a pandemic is occurring.

We encourage students to work hard in class, review concepts taught at home after each school day, complete homework as assigned, organize learning materials, practice mental math skills and read daily. Often 15-20 minutes of review at home can make a significant difference in a student's academic confidence. If students find themselves overwhelmed academically, please ensure your child has completed all of the strategies listed above. If they are still experiencing difficulty please encourage your child to seek support from their classroom teacher; often a few minutes at the end of class, or at recess/lunch a few times per week is enough time to get your child back on track. As the school year progresses, teachers will continue to promote independence, problem solving and critical thought. We want all students to work as independently as possible. Teachers and educational assistants always ask students to put forth their best effort and we look forward to observing student's continued academic growth.

With the bright news of multiple vaccines being in mass production for Canadians, we hope all NKEC students continue to be diligent in their safety responsibilities around COVID-19. We have been very proud of the effort our middle school students have shown since September. As the school year progresses, please continue to contact your child's teacher or school administration regarding their social, emotional and academic growth.

Pete Gebhardt  
Vice Principal

## NEWS FROM AVRCE

### How do I find out if school is cancelled?

AVRCE shares information in several ways when school is cancelled due to weather or road conditions.

**Parents/Guardians:** AVRCE will text/email you using PowerSchool and the contact information you provided to your school in September. Let the school know if your email or phone number changes.



**School Community Members (grandparents, childcare providers, etc.):**

You can sign up for Notify Me texts/emails on the AVRCE website. If you signed up before, your information is still on file (message delivery timing will depend on your mobile service provider).



### AVRCE also shares announcements on:

- \* [www.avrce.ca](http://www.avrce.ca)
- \* @AVRCE\_NS on Twitter
- \* AVRCE phone line 902-538-4600 or toll-free 1-800-850-3887
- \* Local media (AVR Network, Magic 94.9, 89.3 K-Rock, CBC Radio 1, CTV Morning Live Atlantic)

For more information, visit [www.avrce.ca/storm-daysschool-cancellations](http://www.avrce.ca/storm-daysschool-cancellations)

**NEWS FROM STUDENT SERVICES**

**Course Changes**



There will be Parent Course Selection Information Sessions on Tuesday, **February 2nd. Grade 9 and 10 parents meet at 6:30 pm and Grade 10 and 11 parents meet at 7:45 pm.** This will be an opportunity for parents to learn about course selection and the registration process, as well as learning about the various course pathways gearing towards post-graduation goals.

Course changes may be made through Student Services **until February 18<sup>th</sup>**. Students must have a course change form signed by a parent or guardian and have an acceptable reason to request the change. All course changes are subject to availability of space in the class as well as space in student schedules.

**Initial Course Information and Registration for 2020-2021**

Over the next few months, students from grades 9 – 11 will be receiving information on the Course Selection Process for the next school year. There will be presentations, video announcements, course handbooks, recommendation forms and registration forms delivered to our students to help them make the most informed choices for their academic success. **Completed Course Registration forms are due Fri. February 19th!**

**Applications for Universities/Colleges**

Grade 12 students who will be applying for fall 2021 admission into university or college are encouraged to begin the process as soon as possible. Many deadlines are fast approaching, and some are as early as February 1<sup>st</sup>.

**Dr. P. Anthony Johnstone**

The Dr. P. Anthony Johnstone Memorial Entrance Scholarship, a \$6,000.00 scholarship, is available to Nova Scotia students entering their first year of university. The province established the scholarship in 1991 to honour the life and work of the late Tony Johnstone, a long-time educator and human rights advocate who devoted his life to promoting multicultural understanding and social equality. To be eligible for the scholarship, a student must live in Nova Scotia, be graduating from high school and beginning an undergraduate degree program at a Maritime university in the fall. The applicant must also have demonstrated an interest in multiculturalism and human rights. **Due date: March 31<sup>st</sup>, 2021.**

**Terry Fox Humanitarian Award**



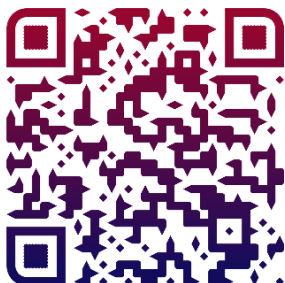
Terry Fox Humanitarian Awards are open to graduating secondary level students and those currently studying towards a first university degree or diploma in a Canadian post-secondary institution. To be considered, applicants must meet the following criteria: Have involvement in voluntary humanitarian work, be an undergraduate who is studying

towards their first university degree or diploma at a Canadian post-secondary institution in Canada, maintain a satisfactory academic standing and have continued involvement in voluntary humanitarian and community work. Applications are 100% on-line. **Due February 1<sup>st</sup>, 2021.**

**Kinette Club of Kentville and District**

Students who are or will be attending a recognized post-secondary institution during the 2020-2021 school year, are encouraged to apply for the \$1,000 bursary. **Applications are due February 1<sup>st</sup>, 2021.**

**MARCH BREAK TRIP**



**NKEC ATHLETICS REPORT**

Happy New Year from the Athletic Department!



As we continue to exist in challenging times, we are taking all of our direction from the Health Authority and the DEECD in regard to NSSAF sanctioned competition. At this point, all of our teams can practice, but competition is on hold until January 25th at the earliest. Another decision will be made as we get closer to that date.

We want to thank all the coaches who continue to show commitment to our student-athletes and to our student-athletes for their patience and understanding at this time. A lot can still be gained and learned from practice and we take a lot of pride in the fact that many of our students are still getting much-needed court, hill and ice time.

Continue to stay positive and realize that we remain very fortunate even though our opportunities are scaled back at this time.

Let us hope for even better days ahead.

Dale Sanford and Ross Bentley  
Co-Athletic Directors

**NEWS FROM THE MUSIC DEPARTMENT:**



January usually is the quiet month for the Music Department, but this year we are back in business after shutting down during the month of December due to a Covid-19 scare. We have our regular 'scaled down' rehearsals - All begin at 3:20 and run through 4:30 pm:

- Monday – Sr. Concert Band Brass & Percussion
- Tuesday – Sr. Jazz Band
- Wednesday – Sr. Concert Band Woodwind

We are also looking into running a couple of fundraisers to help to purchase a new baritone saxophone. More information will be coming out in the future, so keep an eye out for announcements and emails. Finally, we would like to thank the Valley Credit Union for its support of our program! Over the break, the Canning Branch with manager Annie Bordeleau, accessed their Community Outreach funds and donated \$500 to our Music Program! We will be using those funds to help secure new equipment and music for the program. Please keep encouraging your student to practice and work through the difficult parts of the music handed out and thanks for all of your support.



January	
21	Grad Photo Retakes
25	First Day of Exams (High School)
28	Last Day of Exams (High School)
29	Marking Day/In Service (No School Gr. 6-12)
February	
1	Semester 2 Begins
5	High School Report Cards
12	Newsletter
15	Heritage Day – Provincial Holiday – No School for Students
18	Last Day for 2 <sup>nd</sup> Semester Course Changes
25	High School Student Course Registration Forms Due